



"At RSBC, we want every blind child and their family to have the skills and confidence to live their life without limits."

Be a Superhero Series '23

Everyone has the superpower to fundraise for RSBC and help support blind and partially sighted children, young people and their families.

**Life
Without
Limits**
For Blind
Children



What is the Superhero Series?

- The UK's only mass-participation sports series for the 'Everyday Superhero' – the UK's 14.1 million disabled people & their friends & families
- 4 SUPER events every year – 2 live, 2 At Home
- Their ethos is 'anything goes' – no cut-off times & all gadgets & gismos (from floats to trikes) welcome
- They're 100% accessible & inclusive
- It's all about fun. Masks & capes positively encouraged!



Super Summer Challenges

Superhero Tri | 12 Aug '23

- **What:** A super-sized family day out with entertainment & activities for all. Broadcast on Channel 4
- **When:** 12 Aug '23
- **Where:** The world-class Dorney Lake, Windsor
- **Who:** 3,500 Superheroes & Sidekick participants
- **How:** 3 epic distances & to complete however you want. Superheroes can fly solo, unite for team relays, be propelled around the entire course and more!
- **Why:** A trailblazing day of disability sport, packed with fun partner activities, adventure sports tasters & unforgettable finish line moments.

At home events | 8 July– 6 Aug '23

- **What:** Super-flexible, virtual, month/ 2 week-long challenges.
- **When:** Challenges can be completed on one day, over a few days or using the whole period.
- **Where:** Anywhere! living room, garden, local park...
- **How:** However, you wish, from super sensory to dancing & from swimming to skating!
- **How far:** Superheroes can set their own goal, from 100m to 1,000km or more, or use their Super Senses
- **Why:** Those who can't/don't want to attend physical events can still join the fun – or they can do both!
- **Super Race Packs:** Every Superhero taking part receives a T-shirt, medal & finish line tape.

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Super Winter Challenge



At home events | 11 Nov–26 Nov '23

- **What:** Super-flexible, virtual, month/ 2-week long challenges
- **When:** Challenges can be completed on one day, over a few days or using the whole period
- **Where:** Anywhere! living room, garden, local park...
- **How:** However you wish, from super sensory to dancing & from swimming to skating!
- **How far:** Superheroes can set their own goal, from 100m to 1,000km or more, or use their Super Senses
- **Why:** Those who can't/don't want to attend physical events can still join the fun – or they can do both!
- **Super Race Packs:** Every Superhero taking part receives a T-shirt, medal & finish line tape.

Sign up and save the day!

Take part in a Superhero Challenge on your own or with a partner. Become a superhero to help raise money for RSBC.

The funds raised will go towards our work supporting blind and partially sighted children, young people and their families.

Contact us today to find out more and reserve your place:
volunteers@rsbc.org.uk (Limited places available)

"Without your support, Maya would not be where she is today and nor would I. My only wish is that this can now be the same for blind children and their families everywhere."
- Maya's mum



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RSBC

Royal Society for Blind Children

Tel: **020 3198 0225**

Web: www.rsbc.org.uk



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linkedin.com/
company/rsbc

Royal Society for Blind
Children (RSBC)
Registered Office: **Life
Without Limits Centre**,
10 Lower Thames Street,
London, EC3R 6EN



RSBC Registered charity No. 307892

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