

# Be a Superhero Series '24



## Sign up and save the date!

Everyone has the superpower to fundraise for RSBC and help support blind and partially sighted children, young people and their families.

Take part in a Superhero Challenge on your own or with a partner. Become a superhero to help raise money for RSBC. The funds raised will go towards our work supporting blind and partially sighted children, young people and their families.

Contact us today to reserve your place: **volunteers@rsbc.org.uk** (Limited places available)

RSBC is participating in the Be a Superhero Series 2024, a sports series that encourages people to meet challenges, empower individuals with disabilities, and fundraise for a worthy cause.

The funds raised from your participation in the events will support RSBC's important work in providing support and services to blind and partially sighted children, young people, and their families. By getting involved, you'll be making a significant contribution to those in need.





# Superhero Series Events: At Home



## At Home Superheroes Summer Challenge 15 June – 14 July 2024

Your mission: You'll be remotely joining forces with hundreds of fellow Superheroes and Sidekicks in SUPER TEAMS to virtually power around the world! you can take part in this superfun and flexible mission anywhere and in any way you wish! You have a whole four weeks to complete your super goal.

.Registration deadline: 31 May 2024



### At Home Winter Wonderwheels 9 – 23 November 2024

**Your mission**: Join the virtual race across the world, there are some superfun icy escapades in store! It's the perfect mission to keep you active and connected from the convenience of your neighbourhood.

Registration deadline: 18 October 2024





## Superhero Series Events: Dorney Lake, Windsor



### Superhero Tri Summer Challenge 17 August 2024

**Your mission:** There are three super distances to choose from and many ways to take part in these super-fun and flexible tri challenges. You can fly solo and take on all three stages (a swim, cycle and push/run for any tri newbies out there), share the fun in a team relay, or Superheroes can recruit Sidekick teammates to tow, push and pull them around the entire course!

Registration deadline: 19 July 2024

### Winter Wonderwheels 1 December 2024

**Your mission:** This festive extravaganza is just the challenge to keep you super-motivated through the colder months. Superheroes are invited to run, walk, wheel, or anything in between, around Dorney's spectacular lake. We have 1km, 5km and 10km push/run missions, so there's something for everyone.

Registration deadline: 15 November 2024





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More Information:

<u>Be a Superhero Series '24 -</u> Fundraise for RSBC

Royal Society for Blind Children (RSBC)
Registered Office:
Life Without Limits Centre,
10 Lower Thames Street, London,
EC3R 6EN

**RSBC Registered charity No. 307892** 



@RSBCcharity



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linkedin.com/ company/rsbc

## The Super Challenges General Information:

#### The ethos:

'anything goes' – no cut-off times and all gadgets and gismos (from floats to trikes). Welcome 100% accessible and inclusive

#### Who can join the missions?

Everyone is welcome. All we ask is that all solo entrants, or at least one team member, consider themselves to have a disability of any kind.

#### **Dress code:**

A Superhero costume, of course!

#### At home challenges venue:

Home/garden/neighbourhood/leisure centre/local park... Wherever you want it to be!

#### At Dorney Lake Venue:

Eton College Rowing Centre, off Court Lane, Dorney, Windsor, Berkshire, SL4 6FJ

## More Information: https://superheroseries.co.uk



