



**Royal Society for Blind Children**

# Reading with your baby

Reading together is a great way to bond and spend time as a family. You may already be receiving support from a Qualified Teacher of Vision Impairment (QTVI) who will be able to advise on early literacy for your baby, or you may have some questions about how to read with your baby when they have a vision impairment. The great news is that no matter what your baby's vision, they can still enjoy sharing a story with you.

## Books to choose:

There are lots of different books to choose from, but some will be more accessible to your baby than others. Here are the types of books we would suggest reading with your baby:

- Tactile books (books with different textures): will allow your baby to feel the story.
- High contrast books: will help your baby see the images. If your baby has vision, try talking about what you can see.
- Books with large or bold print: will help your baby see where the words are.
- Pop out books: will help your baby feel the story.
- Noisy books: will encourage your baby to interact with the story.

## Reading together:

When it comes to reading together, it's important to engage your baby in the activity. To do this you can:

- Use different voices when telling the story and to communicate different emotions.

- Feel and turn pages together and explore different textures or shapes in the book.
- Buy or borrow braille books and feel the braille together.
- Re read favourite books, this allows for anticipation of the story and will help them to predict what is next.

Our Families First team of family practitioners are here to support you through your child's early years and into the future.

### RSBC can help you with:

- practical advice about your child's development
- support when you feel overwhelmed.
- understanding your child's vision impairment better
- living as a family and being supportive of each other

Call 020 3198 0225 or email [connections@rsbc.org.uk](mailto:connections@rsbc.org.uk)

